

Internet use by older-adults in rural and urban settings in Sweden - results from the SNAC

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 ldre (65+) b rjar anv anda internet mera, men det har visat sig att det fortfarande finns m nga som inte g r det. Internetanv andning och att kunna anv anda information och kommunikationsteknik  r viktigt f r att kunna leva sj lvst ndigt i dagens samh lle, och det b rjar ocks  bli viktigt inom v rden. Denna studie unders kte  ldres internetv andning i Sverige, f r att se om det fanns skillnader i  ldres anv andning p  landsbygd och i st der. Och vilka av f ljande faktorer p verkade mest:  lder, k n, utbildning, ekonomi, normal kognition, och att leva ensam/inte ensam. Resultaten visar att det finns skillnader d r det  r tv  g nger mer anv andning i st der och d r mest anv andning bland  ldre som var yngre s dana, h gre utbildade, som bor med n gon och med normal kognitiv funktion. P  landsbygd var det  ldre som var yngre i  lder och med h gre utbildning som anv ande internet mest. Detta diskuteras vidare i artikeln, till exempel vilka steg som kan tas f r att utveckla  ldres vilja att anv anda internet; f r klyftorna i internetanv andningen finns kvar.

Abstract in English

Older adults living in rural and urban areas have shown to distinguish themselves in technology adoption; a clearer profile of their Internet use is important in order to provide better technological and health-care solutions. Older adults' Internet use was investigated across large to midsize cities and rural Sweden. The sample consisted of 7181 older adults ranging from 59 to 100 years old. Internet use was investigated with age, education, gender, household economy, cognition, living alone/or with someone and rural/urban living. Logistic regression was used. Those living in rural areas used the Internet less than their urban counterparts. Being younger and higher educated influenced Internet use; for older urban adults, these factors as well as living with someone and having good cognitive functioning were influential. Solutions are needed to avoid the exclusion of some older adults by a society that is today being shaped by the Internet.

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